

Daily Language Journal from Fluent in 3 Months

A language hacking resource
from Fluent in 3 Months





Welcome to your Fluent in 3 Months Daily Learning Journal

Your journal includes space to take notes, reflect, and keep track of your daily language learning.

This journal is based on the journals that our students use in our 90-day language programs, including Fluent in 3 Months Bootcamp.

If you'd like the support of language coaching and a passionate community, you can join us in the [Fluent in 3 Months Bootcamp](#). You'll have a 15-minute conversation in your new language after just 90 days.

Or you can keep this journal for 90 days (just print out as many copies as you need) and see how you get on. The key is to build a daily habit of learning, and you'll be surprised at how far you go.

Happy language learning!

Benny Lewis

Founder and CEO, Fluent in 3 Months



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